

# 2017 Spring CE Conference for Social Workers

April 26, 27 & 28, 2017 • Charleston, WV Civic Center

Welcome! Since 1985 the annual *Spring Continuing Education Conference for Social Workers* has taken your comments to heart to provide you with timely skill-building content to enhance your effectiveness, meaningful professional networking opportunities, and an atmosphere of mutual respect and support. We've shaken up the schedule a bit this year, but you can still look forward to over 100+ skill-building workshops offering you an exceptional learning experience!

Every Social Worker, health, mental health, and human services professional is essential to West Virginia at this critical and challenging time! The training you receive will enhance your ability to address the most pressing problems facing individuals, families and communities, and nourish you to continue.

Simply put, the challenges we face demand constant improvement of our knowledge and skills in aging, healthcare, mental/behavioral health, addictions, and policy, with veterans, children and families, communities, and other practice arenas.

The *Spring Conference* is the largest NASW Chapter annual conference in the nation, and a favored resource for professional continuing education at an exceptional value. We are humbled by the confidence you place in us by attending the annual *Spring Conference*!

## Keynote Address

9:00-10:30am, Wednesday, April 26<sup>th</sup>

### West Virginia Chose Me

*Four young women activists working for a better West Virginia show that the future is in good hands!*

*Details on Page 4*

## Service Project

*Please bring a non-perishable or canned food item to donate to local community food banks. Thank you!*

## Social Work in West Virginia

*Open WV Chapter Annual Meeting*  
4:45-5:45 pm, Wednesday, April 26<sup>th</sup>  
*Everyone is welcome at the annual meeting of the profession! Learn of our accomplishments & challenges!*

## Open AA/NA Meeting

6:00-7:00 pm, Wednesday, April 26<sup>th</sup>

## Silent Auction

*Bid on great stuff and help NASW support our profession!*

## Special Events

### Featured Plenaries

**Wednesday, Thursday & Friday**  
*Your favorite and soon-to-be favorite speakers with the essentials on hot topics & critical issues!*

### NASWAC Reception

5:00-7:00 pm, Thursday, April 27<sup>th</sup>  
**Charleston Marriott Hotel**  
*The most fun you can have helping NASW influence the political process!*

## Film Festival

Thursday Evening, April 27<sup>th</sup>



### Early Bird Discount!

*Register by March 25<sup>th</sup> and save! See Registration Request Form for details.*

### New Member Discount

*Join NASW and its vibrant West Virginia Chapter as a new 'regular' or 'associate' member and save! See Registration Request Form for details.*

## Exhibit Hall Networking

*We've built in more time for leisurely networking with sponsors, exhibitors and colleagues in our spacious Exhibit Hall! Many exhibitors award door prizes through gift drawings.*

## Awards Plenary

9:00-10:00am, Friday, April 28<sup>th</sup>  
*Presentation of Awards for Social Worker of the Year and more!*  
Offered as one of several 'G' sessions

## NASW Foundation

*Your tax-deductible donation to the NASW Foundation Chapter WV Fund supports our important educational mission!*  
*Please see details on Registration Request Form.*

*Plan now to attend the*

**2018 Spring CE Conference**  
May 2, 3, & 4, 2018

## Acknowledgements

**Planning Committee:** Amy McQuade, MSW, LICSW, Chair, Debra Beatty, ACSW, LICSW, DCSW, Joyce Broglio, ACSW, LICSW, Barbara Heasley, ACSW, LICSW, Chair Emeritus, Lindy Hoeft, MSW, Betsy Kent, MSW, LICSW, DCSW, Chatman Neely, MSW, ACSW, LICSW, Linda Stein, MSW, LGSW, Chair Emeritus, Debra Hunt Young, MSW, EdD, and Dolly Ford Sullivan, MSW, MPA, LICSW, President. **Volunteers:** *Most speakers kindly donate their time & talent. Thanks! It couldn't happen without you! NASW members & Social Work students volunteer their time to help make the conference all it can be. Thanks to them as well!* **Staff:** Sam Hickman, MSW, ACSW, LCSW, Executive Director, Elena Bailey, MSW, LCSW, Program Associate, Linda Ratliff, Officer Manager, Susan Sobkoviak, BSW, Consultant, Sarah Corrdwell, Office Assistant. **Layout:** Sam Hickman. **Printing:** Morgantown Printing & Binding.

# Registration Information

## Registration Information & Policies

**TO REGISTER:** Use the *Registration Request* form (inside back cover) or available at [NASWWV.org](http://NASWWV.org). Please use one form per person and follow the instructions on the form. Full payment must accompany registration. Registration fees include admission, information packet, refreshments, and exhibit hall admission. Optional services at additional fees are also available on the form.

**WORKSHOP SELECTIONS:** Read the *Workshop Descriptions* in this brochure and enter three (3) choices in the spaces provided for each day and time period you will attend. If your initial choice is filled we will assign you to your 2nd (or 3rd) choice, as available. If all your choices are filled you can select alternates when you arrive at the conference. Registration is accepted on a first-come, first-served basis. Please register early for the best chance of getting the workshops of your choice.

**NOTE ON ADA ACCOMMODATION:** If you require ADA accommodation to facilitate conference participation, please provide a written request at the time you submit your completed conference registration and payment. Please register by March 27<sup>th</sup> to specify accommodation requests. Requests received after this date may not allow adequate processing time to arrange accommodation.

**Payment, Cancellation & Refund Policies:** Make checks payable to: [NASW-WV](http://NASW-WV). VISA/Master Card & authorized agency purchase orders accepted. Full payment must accompany registration. Registrations must be returned without processing if incomplete or without full payment (underpayment, insufficient funds, credit card denial, etc.). To re-register, pay with cash or money order and add any bank charges incurred by NASW. Online registration payment is subject to processing fees and verification of NASW membership when applicable.

Cancellation/refund requests must be in writing (fax accepted). Processing fees: \$10 is deducted from refund for requests received by April 15<sup>th</sup>; \$25 if received April 16<sup>th</sup>-21<sup>st</sup>. No refunds available after April 21<sup>st</sup>. Allow 4-6 weeks for processing. Credit card processing fees and/or online registration service charges are non-refundable. Refunds for online registration payments may be by check or credit card account refund at our discretion.

***Fine Print:** Schedule subject to change without notice. Registration/participation implies agreement with all terms & conditions printed here & elsewhere in this brochure, that you agree to hold NASW harmless from loss or liability experienced, and release NASW, its officers, directors, employees, volunteers, agents and insurers from liability for injuries or claims. Registration/participation constitutes a significant business relationship with NASW under FCC regulations regarding electronic communications.*

## To Register

**Pre-Registration Deadline:** Pre-register by **Saturday, April 15<sup>th</sup>**. We must return registrations received after this date to prepare for your arrival. (*You may also register at-the-door.*)

**Confirmation:** Register by **April 15<sup>th</sup>** to receive a confirmation e-mail by April 20<sup>th</sup>. Call 304.345.6279 April 21-22 if you do not receive confirmation and wish to confirm by phone.

**BY MAIL:** Complete the *Registration Request* (inside back cover), enclose full payment and mail so as to be received by **April 15<sup>th</sup>** to: [NASW Conference, 1608 Virginia St. East, Charleston, WV 25311](http://NASW Conference, 1608 Virginia St. East, Charleston, WV 25311)

**BY FAX:** (VISA/MC & PO only) Fax registration accepted only when paying by VISA/Master Card or authorized agency purchase order (attach PO form). Fax by **April 15<sup>th</sup>** to 304.720.3766.

**AT-THE-DOOR:** April 26<sup>th</sup> (4-6pm), April 27 - 29 (7:30am), Civic Center Lobby. *Great session selections will still be available!*

**PayPal:** Visit [www.NASWWV.org](http://www.NASWWV.org) to pay online, then fax or mail your Registration Request form (*Non-refundable fees & charges apply*).

## 2017 Spring Conference Schedule At-a-Glance

Time	Wednesday, April 26	Thursday, April 27	Friday, April 28
7:30am	Registration Exhibits Refreshments 7:30 - 9:00am	Registration/Exhibits/Refreshments 8:00 - 9:00am	Registration/Refreshments 7:30 - 8:30am
8:00am			Poster Presentations 8:30 - 10:00am
9:00am	Keynote Address West Virginia Chose Me South Hall, Civic Center • 9:00-10:30am	Three-Hour Workshops 'C' Concurrent Sessions 9:00am - 12:00pm <i>Refreshment break at mid-point</i>	One-Hour Plenary Sessions 'G' Concurrent Sessions <i>including</i> Awards Presentation Plenary 9:00 - 10:00am
10:00am	Exhibit Hall Networking 10:30 - 11:00am		One & One-Half Hour Workshops 'H' Concurrent Sessions 10:30am - 12:00pm
11:00am	One-Hour Plenary Sessions 'A' Concurrent Sessions 11:00am - 12:00pm	Lunch: <i>by individual arrangement</i> 12:00 - 1:30pm	Lunch: <i>by individual arrangement</i> 12:00 - 1:15pm
12:00pm	Lunch: <i>by individual arrangement</i> 12:00 - 1:30pm	One-Hour Plenary Sessions 'D' Concurrent Sessions 1:30 - 2:30pm	One & One-Half Hour Workshops 'J' Concurrent Sessions 1:15 - 2:45pm
1:00pm		Exhibit Hall Networking 2:30 - 3:00pm	
2:00pm	Three-Hour Workshops 'B' Concurrent Sessions 1:30 - 4:30pm <i>Refreshment break at mid-point</i>	One & One-Half Hour Workshops 'E' Concurrent Sessions 3:00 - 4:30pm	One Hour Plenary Sessions 'K' Closing Concurrent Sessions 3:00 - 4:00pm
3:00pm		NASWAC Reception 5:00 - 7:00pm Charleston Marriott Hotel	
4:00pm		Film Festival 'F' Concurrent Evening Sessions F4 begins @ 6:30pm; F1, F2 & F3 @ 7pm	
5:00pm	Social Work in West Virginia Annual Meeting • <i>All Welcome!</i> Rm 105, Civic Center • 4:45 - 5:45pm		
6:00pm	Open AA/NA Meeting 6:00-7:00pm		<i>Mark your calendar NOW to attend the</i> <b>2018 Spring Conference!</b> April 26, 27 & 28, 2017 Charleston Civic Center
7:00pm			



### Who Should Attend

Social Workers and related health and human services professionals practicing in clinical, health, mental health, social agency and public welfare settings, administrators, managers and supervisors, WVU Nonprofit Management Certificate candidates, direct service providers, mental health therapists, case managers, advocates for at-risk and vulnerable populations, and staff and leadership in non-profit community, religious and social service agencies and organizations.



### Location and Accessibility

The Charleston Civic Center, conveniently located within walking distance of local shops, restaurants and hotels, is fully accessible to persons of differing abilities.



### Exhibit Hall

Get connected, network with referral resources, resource providers and colleagues, shop, and generally enjoy life in our spacious Exhibit Hall! Access is restricted to conference registrants, presenters and exhibitors.



### Optional Attendance Certificate

To order an attractive certificate add the \$10 fee at registration, then return a copy of the completed CE Record Accounting Form in your packet. Allow 6-8 weeks for delivery.

### Continuing Education Information

West Virginia licensed Social Workers may earn up to 19.5 contact hours by attending the Keynote, plenary sessions and workshops in each time period and the Annual Meeting. Hours for related professions and out-of-state Social Workers will vary based upon state-specific CE regulations and topic restrictions.

Attendance is required to earn partial or full CE hours.

NASW, WV is recognized as a CE provider by the WV Board of Social Work, the WV Cert. Board for Addiction Professionals, the WVU Nonprofit Management and Gerontology Practitioner Certificate Programs, and the WV Board of Registered Nurses. Applications pending for WV LPCs and Nursing Home Administrators.

NASW WV CE hours are generally accepted for Social Workers in DC, MD, KY, PA & VA. The NASW Ohio Chapter will review and authorize CE hours for OH Social Workers.

CE Updates available at: [www.NASWWV.org](http://www.NASWWV.org)

### New Requirements for WV Licensed Social Workers

To renew your WV Social Work license after July 1, 2017 you will need to earn two approved CE hours on mental health conditions specific to veterans and their families, and one-hour on Social Work Ethics. Many Spring Conference sessions will apply. See session descriptions.

### Ethics Hours for WV Provisional "TL" Social Workers

The following sessions apply to Social Work Ethics: A4, B7, C5, C12, D3, G7, H5, K2. To assure access for all take a few hours this year & more next year.

### LPC Ethics and LPC CE Hours (Approval Pending)

LPC Ethics: B5. LPC CE Hours: Most clinical and direct practice sessions will apply. Updates will be placed on our website at [www.NASWWV.org](http://www.NASWWV.org).

## Hotels, Parking, Area Map

#### A. Charleston Marriott Town Center

200 Lee Street East • Full service • pool • shuttle  
 Deadline: April 5 • Rate: \$144 single/double  
 304-345-6500 or 800-228-9290 • Newly remodeled  
 Group Code: *NAS*  
 For online reservations enter Corporate Code: *nasnasa*

#### B. Courtyard by Marriott – Charleston's Newest

100 Kanawha Boulevard East  
 Deadline: April 15 • fitness room • pool • shuttle  
 \$119 single to quad • The Bistro  
 Call 304-344-5777 •

#### C. Embassy Suites

300 Court Street • Breakfast buffet • pool • shuttle  
 Deadline: April 1 • Rate: \$149 single (\$10/pp extra)  
 800-EMBASSY or 304-347-8700 x5440 • Full service  
 Nightly Manager's Reception  
 Group Code: *SWA* (National Assoc. of Social Workers)  
 Online: [www.EmbassySuitesCharlestonWV.com](http://www.EmbassySuitesCharlestonWV.com)

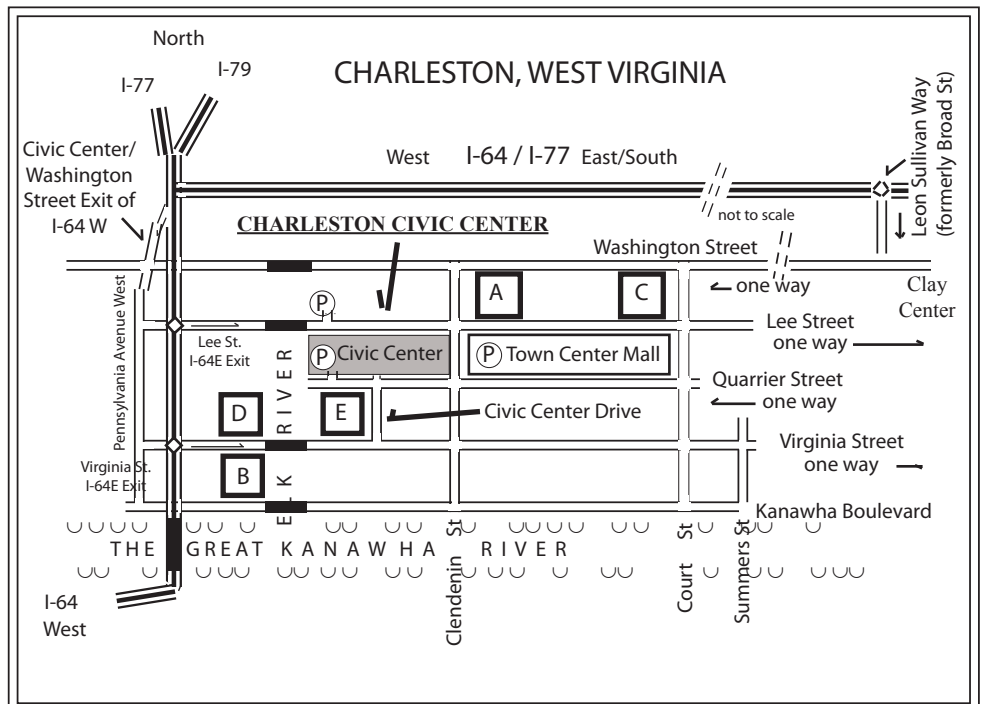
#### D. Hampton Inn

#1 Virginia Street West  
 Deadline: April 11 • Rate: \$112 single or double  
 Complimentary breakfast • free local shuttle  
 304-343-9300 or 800-HAMPTON • Group Code: *NSW*

#### E. Holiday Inn Express - Civic Center

100 Civic Center Dr • Remodeled • Closest Civic Ctr  
 Deadline: March 27 • Rate: \$109 single/double  
 Comp. breakfast • free local shuttle • free parking  
 Call 855-729-5133  
 Group Code: *NAS/Association*  
 Online: [www.HolidayInnExpressCharlestonWV.com](http://www.HolidayInnExpressCharlestonWV.com)

**Lodging:** Rooms have been reserved at special conference rates at nearby hotels. **Make your own reservation** and payment arrangements at the hotel of your choice. Mention the 'Group Code' to receive special rates. Rates listed do not include local or state taxes. For a list of all area hotels contact the Convention & Visitor's Bureau at 304.344.5075. Rates subject to change after deadlines or if room block is exceeded. First night credit card deposit required; penalty for late cancellation may apply. Additional charges for parking or other amenities may apply. **Parking:** Civic Center Garage/Lot: \$3 per day. Contact the Civic Center office for a reentry pass if desired. Town Center Mall Garage: \$1.75 each entry. Hotel parking is for registered guests.



## Sponsors and Exhibitors *Thank you to:*

### GOLD SPONSORS

Central Counties Area Health  
Education Center

First Choice Health Systems, Inc.

West Virginia University School of Social  
Work, Integrated

Mental & Behavioral Health  
Training Program of WVU School of  
Social Work (HRSA funded), &  
The Beatrice Ruth Burgess  
Center for WV Families &  
Communities of  
WVU School of Social Work

### Exhibitors

Alliance for Children, Inc.

AMFM Nursing & Rehabilitation  
Centers

Beckley Appalachian Regional Hospital

Bellefaire JCB and Monarch Center for  
Autism

Charleston Area Medical Center  
Employment Center

### SILVER SPONSORS

Concord University MSW Program

WVU CED Specialized  
Family Care Program

### Exhibitors

Chestnut Ridge Center

ChildHelp

Children First of West Virginia

Children's Home Society of WV

Davis-Stuart, Inc.

Devereux

Elana Health

Family Options Providers, Inc.

Fresenius Kidney Care

Gayle Rancer Coin Rings & Ear Things

Genesis Youth Crisis Center

Good News Mountaineer Garage

Highland Hospital

Highland-Clarksburg Hospital

### BRONZE SPONSORS

Journeys of Life Books & Gifts

WV Comprehensive Treatment Center  
– Acadia Healthcare

### Exhibitors

Hospice Care

KVC Behavioral HealthCare

Maxim Healthcare Services

Medi Home Health/Medical Services  
of America

Mountaineer ChalleNGe Academy

Narcotics Anonymous

New Hope Treatment Centers

ResCare Homecare

Stonerise at Home

SweetBrier Assisted Living

Take Me Home, WV/Bureau for  
Medical Services

The Bradley Center

WV Offices of the Insurance  
Commissioner

### Conference Enjoyment Tips

**Weather:** Spring in Charleston is beautiful but can also bring rain, mild daytime temperatures and cool evenings. Pack accordingly.

**Attire:** Most participants dress in casual business attire. We recommend that you wear comfortable shoes.

**Courtesy:** *Please:* Turn off/silence electronic devices when in sessions. Avoid wearing perfumes/colognes as they can cause respiratory distress. Refrain from conversation in sessions out of respect for others. Check at the Registration Desk if you wish to change sessions. Seating limits are often based on speaker preferences for optimal learning.

**Follow Up:** Please complete an evaluation form for each session and the overall conference. We really do read and incorporate suggestions!

**Thank you for making this a conference everyone can enjoy!**

### Reading the Workshop Descriptions

Pages 5 through 13 offer brief descriptions of each session

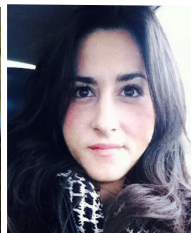
**Seating Limits:** Speakers may limit audience size to enhance learning. Fire safety codes also limit capacity. Go to the sessions you registered to attend to prevent problems, or visit the Registration Desk to find an available alternative. *Thank you!*

**Content:** Read descriptions carefully to assure you are in an appropriate session. If a session does not apply to you visit the Registration Desk to find an available alternative.

**Codes:** These codes at the end of a session description relate to special continuing education requirements for WV Social Work license holders: Social Work Ethics (ETH), and Veterans/Military Family Mental Health (VET). *See also page 3 for additional continuing education information.*

### Keynote Address: West Virginia Chose Me

Bucking the trend, these four remarkable young women activists are staying in West Virginia to improve the lives of her people. Their stories give us hope for a brighter future for our state! **Elizabeth Brunello** came to West Virginia from Florida as an AmeriCorps VISTA volunteer in Lincoln Co. For two years she has mentored young people in Southern WV for the American Friends Service Committee. When not in community meetings she enjoys the outdoors, writing, and listening to comedy podcasts. **Alexandra Gallo** is from just outside of Philadelphia. She is currently Development Director for WV Citizen Action Group and is involved in many community groups, including the WV Interfaith Refugee Ministry. **Ciera Pennington** grew up in Barbour Co., found what she thought was her dream job out of state, then returned to work with the people she cares for most. She is the Outreach Coordinator for WV FREE, a



social media wiz, and President of the WV Environmental Council, among other volunteer activities. **Jennifer Wells**, MSW, was evacuated after Hurricane Katrina and found her self in Huntington, where she has put down strong roots. She is the Schools Coordinator for the Our Children Our Future Campaign to End Child Poverty. She serves on the boards of NASW WV, Goodwill of KYOWVA, and the WV Center on Budget and Policy among her many other activities.



## Plenary and Workshop Session Descriptions

### Wednesday Morning Concurrent One-Hour 'A' Plenary Sessions

April 26, 2017, 11:00 AM – 12:00 PM

#### A 1 Partnering with Communities of Faith to Reduce Addiction in West Virginia

The WV Council of Churches has trained church communities in SBIRT and Motivational Interviewing, and also held listening groups across the state to better understand the nature and impact of West Virginia's significant addiction problem. These efforts make church communities even more significant partners and resources for helping people overcome addiction and to receive the intensive supports needed to stay "clean." Learn about WVCC activities and hear poignant life stories from the listening tour. Rev. Jeff Allen, MDiv, Executive Director, West Virginia Council of Churches, Charleston, WV.

#### A 2 What is Grit & Do YOU Have it? Success in Life for the Long Haul

Are there traits that can predict whether someone is more or less likely to be successful in their chosen endeavors? If so, are we born with those traits or can they be cultivated through intentional practice and persistence? Dr. Harris delves into the hot topic of grit. Grit is commonly defined as persistence and perseverance for long-term goals. Looks at the roots of the term and explores how we as social workers might use it to support our work from the macro to micro levels.

Jim Harris, MSW, EdS, LICSW, Associate Director, and Amy Kelly, MA, PBIS Coordinator, both of WV Autism Training Center at Marshall University, Huntington, WV.

#### A 3 Military Sexual Trauma: Silent No More

Delivers a personal account of experience as a military sexual assault survivor. Includes reporting, investigations, reprisal and impact on mental health. Describes the differences between the military culture and the civilian sector and the resulting impact on choices during crises. Shows how this PTSD is different from combat trauma. Reveals how strength, hope and courage to fight for justice and resilience were found.

Teresa James, Lt. Colonel, US Army (retired), Titusville, FL VET

#### A 4 Social Workers' Ethical Responsibilities in Practice Settings

Focuses on Section 3 of the NASW Code of Ethics. Discusses impairment, supervision and consultation, education and training, performance evaluation and client records. Also handling interviews with the news media. The NASW Code is the professional code of conduct recognized by the WV Board of Social Work. Robert Musick, MSW, LCSW, Legislative Liaison, Psi-Med, Inc., Star City, WV. ETH

#### A 5 Law Enforcement and Dementia: Understanding the Disorderly Conduct of the Alzheimer's Brain

This session will explore the ways in which persons with dementia (PWD) may become involved with Law Enforcement (LE), either as perpetrators or as victims. When these events occur, Social Services and/or the medical care system are almost always jointly involved with LE, and it is important for all to have a working knowledge of how dementia may affect aspects of these situations.

Shirley Neitch, MD, Professor of Medicine, Marshall University/Edwards School of Medicine, Huntington, WV & Medical Director, Blanchette Rockefeller Neurosciences Institute.

#### A 6 Exercise and Mental Health: Research and Practical Considerations

You may be surprised to learn just how powerful exercise can be in optimizing not only physical health, but mental health as well. Did you know that some studies suggest exercise may help as much as or more than medications for depressive and anxiety disorders? How can we encourage the people we work with to use the potent, multifaceted tool of physical activity for themselves? In this brief overview, the scientific basis for promoting exercise among clients and motivational concepts for everyday implementation will be highlighted.

Laura Wilhelm, PhD, Assistant Professor, Specialist in Anxiety, WVU Dept. of Behavioral Medicine & Psychiatry, Charleston,



### Wednesday Afternoon, Three-Hour 'B' Sessions, April 26, 2017, 1:30 PM - 4:30 PM

#### B 1 Couples Therapy: Gottman Method

An overview of John and Julie Gottman's research about couples from the Seattle Love Lab. Includes an introduction to the basic evidence-based method, a description of several of the effective key interventions to improve marital satisfaction, along with a roadmap of how therapists can receive training in this method right here in West Virginia. The model can also be applied to parent-child and intra-agency relationships. Andrew Counts, MA, LPC, Therapist, Kanawha Pastoral Counseling Center, Charleston, WV.

#### B 2 Chronic Illness: Navigating the Psychological Effects

Many West Virginians live with asthma, cancer, diabetes, heart disease, hepatitis C, and HIV/AIDS. A chronic illness can take a toll on one's psychological well-being. Daily frustrations related to managing the disease as well as role changes and loss of physical ability puts one at risk for mental health conditions such as depression and anxiety. Learning skills to cope is paramount in improving quality of life. In this interactive session, learn to conceptualize cases and apply therapeutic interventions for clients who have a chronic medical illness.

Jennifer Hancock, PsyD, Psychologist, Charleston Area Medical Center Cancer Center, Charleston, WV.

**B 3 Positive Behavior Supports (PBS) at Home:  
A Practical Approach**

Do you work with families that seem to be in a constant state of reaction, waiting for the next tantrum, argument, or crisis? Although some of this is just the nature of living in the real world and raising a family, there are strategies you can teach families to have a more peaceful and productive existence. PBS is the most evidenced-based behavior support approach available today to teach families to be more intentional in parenting, and how doing so will allow for much better relationships with children. Jim Harris, EdS, MSW, LICSW, Associate Director, WV Autism Training Center, Huntington, WV.

**B 4 Clinical Supervision Basics for Social Workers and Counselors**

Provides an overview of clinical supervision. Understand the process of facilitating the professional and clinical development of a junior colleague through a culturally informed and mindful relationship. Learn discrete functions of supervision (administrative, educational, supportive) and core elements in successful clinical supervision. Janie Howsare, MSW, MPA, LICSW, Assistant Professor, WVU Dept. of Behavioral Medicine and Psychiatry, Jamie Jacobs, LPC, Director, WVU Faculty and Staff Assistance Program, and Sandra Corbett, MSW, Clinical Therapist, all of the WVU School of Medicine, Morgantown, WV.

**B 5 Ethical Issues for Licensed Professional Counselors**

Addresses two ethical issues important to LPCs in WV. Firstly, issues of how unintended behaviors or innocent actions may lead to a disaster. Secondly, cultural biases, and expanding the capacity to work with clients who are culturally different from the therapist. Guidelines utilized are taken directly from the WV Board of Examiners in Counseling. Ravi Isaiah, DMin, MDiv, LPC, Chaplain, Charleston Area Medical Center, Charleston, WV. Limited enrollment. NOTE: Session length will be extended to assure 3 full hours of instruction. Does NOT apply to provisional social work ethics hours. LPC-ETH

**B 6 Beyond the Therapy: Holistic Practice with  
Transgender Individuals**

Transgender persons of all ages have been becoming more and more visible over the past few years. While credible information, trans-friendly and knowledgeable providers, services and other resources are increasing, the “demand” exceeds the “supply”, particularly in rural areas. Provides an overview of the of the Gender Confirmation/Transition Process-including the Social, Emotional, Legal, Physical, and Spiritual “Transitions”, of transgender children, youth and adults. Resources, references and information for further study are also provided. Samuel J. Leizear, MSW, Courage in Healing Therapy Associates, LLC, Morgantown, WV.

**B 7 Ethical Decision Making in End of Life Care**

In all areas of practice Social Workers encounter the challenge of assisting clients in making difficult decisions about treatment when facing life limiting conditions and care at the end of life. Provides a framework for making those tough decisions in an ethical manner. Also reviews the core principles of Bioethics related to the NASW Code of Ethics and Practice Standards. Includes lecture, participant discussion and case examples. Jeffrey Levesque, MSW, LICSW, Clinical Social Worker, Hospice of the Panhandle, Charles Town, WV. ETH

**B 8 How to Limit the Effects of Vicarious Traumatization and  
Compassion Fatigue**

Being a human service provider will be stressful from time to time. The best way to prevent burnout is to prepare for it! Explores ways to cultivate: slowness, and nurture: vision, solitude, physical activity and simplicity. The mantra of this workshop is: Stress is inevitable but suffering can be optional. Chatman Neely, MSW, Social Worker, Farmer and Innkeeper, Wellsburg, WV.

**B 9 The Opioid Epidemic: Best Practice Prescribing and the  
Chronic Pain Patient**

Learn about something that starts so benign and can end in a coffin. We put our trust in a health care system that wants to take away pain. But because of the new prescribing guidelines, patients who have been on large doses of pain medicine for a long time have to come down. Learn to be a support. Let’s talk about it together as helping professionals. Lonny Samuels, MSW, Social Worker, Anthem, Nottingham, MD.

**B10 The Racial Wealth Divide**

Explores how current economic inequality is shaped by racialized policies and structural racism from the past to today. Reveals how critically important it is to address racism and racial inequality, including tools that help participants develop strategies and practices to help create greater economic equality and racial justice. Lida Shepherd, BA, Director of Racial Justice Organizing, American Friends Service Committee, Reverend Ron English, both of Charleston, WV and Rick Wilson, Director, AFSC, West Virginia Economic Justice Project, Barboursville, WV.

**B11 Trauma Informed Interventions in Schools:  
A Three Tiered Approach**

Focuses on the current brain, body and social understanding of trauma and related interventions in schools. Includes a three-tiered approach (in use at Morgan County Schools) for developing trauma informed systems. Highlights interventions with students from military families. Hannah Stewart, BSW, MSW, LGSW, Therapist, East Ridge Health Systems (and Military Family Mother) and Gary McDaniel, MSW, LICSW, Clinical Social Worker, Morgan County Schools, and Assistant Professor and Director of Field Education, MSW Program, Marshall University, Huntington, WV. VET

**B12 Trauma Treatment: What We Did Then, What is Now**

When WWI veterans returned home reactive, trembling, and non-communicative, doctors classified them as “shell shocked” or neurotic. Electroshock therapy, pseudo-aversion therapy, medication, and eventually talk therapy have been used to treat trauma. New information indicates that trauma is neurological and benefits from treatments not relying on talk therapy. Modern techniques used to treat trauma as a brain-body state, such as mindfulness, sensorimotor psychotherapy, and EMDR will be discussed and shared.

Stephanne Thornton, MDiv, MSW, LICSW, MAC, Criminal Justice Specialist, Public Defender Services, Charleston, WV. VET

**B13 Mindfulness in 3 Acts: Thinking, Doing and Being**

This beginner-level workshop will be of interest to professionals across a wide range of fields, from healthcare and social services, to management and business. Mindfulness in 3 Acts places equal emphasis on learning about the science of mindfulness (*thinking*) and practicing mindfulness skills (*doing*) that participants can use with clients, team members, co-workers, and employees (as well as in their own lives). The last segment (*being*) is designed to help participants incorporate mindfulness skills into their lives.

Patrick Kerr, PhD, Associate Professor, WVU Department of Behavioral Medicine & Psychiatry, Charleston, WV.

Plan now to attend the

**2018 Spring Continuing Education  
May 2, 3 & 4, 2018  
Conference for Social Workers**



Thursday Morning, April 27, 2017, Three Hour 'C' Sessions, 9:00 AM - 12:00 PM

### **C 1 Transforming the Difficult Child with the Nurtured Heart Approach**

The Nurtured Heart Approach is a relationship-focused methodology using "The 3 Stands" for helping children (and adults) build inner wealth and use their intensity in successful ways. It has become a powerful way of awakening the inherent greatness in all children while facilitating parenting and classroom success. The essence of NHA is a set of core methodologies originally developed for working with the most difficult children. It has a proven impact on every child, including those who are challenged behaviorally, socially, and academically. Wendy Baracka, MSW, LICSW, Clinical Social Worker, Morgan County Schools, Shepherdstown, WV.

### **C 2 An Activity Tool Box for Compassion Fatigue**

Gain a deeper understanding of compassion fatigue and burnout. Create a self-care plan to realign daily routines that nurture, sustain and build resiliency.

Sheli Bernstein-Goff, MSW, LICSW, CTS, CFS, Professor of Social Work, West Liberty College, Wheeling, WV.

### **C 3 Navigating Traumatic Brain Injury: A Clinician's Inside Story**

"TBI is an Invisible Disability Affecting 3.4 Million Americans Every Year. Isn't It Time to End the Silence?" My goal is to share how to navigate a system that is not set up for TBI ....from a person with a TBI who also happens to be a clinician.

Donna Cobean, MSW, LICSW, Social Worker (retired), Martinsburg, WV.

### **C 4 Couples and Addiction Recovery**

New research suggests that the quality of a couple's interaction and mutual support is very important in maintaining long-term sobriety. Includes an overview of the Gottman paradigm for therapists, counselors and addiction professionals: couples recovery developmental approach, three types of recovery, secondhand effects of addiction, the difference between Codependency and Interdependency, assessment, MI techniques to give feedback about the current state of the couple's relationship, and two powerful interventions for managing conflict.

Andrew Counts, MA, LPC, Therapist, KPCC, Charleston, WV.

### **C 5 Racism and Racial Micro-aggressions in Appalachia**

Examines racism and micro-aggressions in this region. Provides a platform for strengthening one's practice with respect to working with black people and fostering a racially just society. Includes exercises and discussion seeking to move to an anti-racist stance for practice and social action.

Wilburn Hayden, PhD, MSW, Professor, School of Social Work, York University, Toronto, Canada. ETH

### **C 6 From Tears to Tiers: Elementary School Social Work**

Provides useful information for social workers in the school setting who collaborate with parents, teachers, law enforcement, mental health agencies and CPS to improve outcomes for all students. Therapeutic interventions, data tracking tools and universal student screening scales will be presented. Limitations to providing social work services in schools and ethical considerations will be examined. Participants will create artwork, play with therapy tools and use self-regulation strategies.

Tiffany Hendershot, MSW, LGSW, School Social Worker, Berkeley Co. Schools, Martinsburg, WV.

### **C 7 Participatory Management**

Managing nonprofits can provide both reward and challenge for social work managers. Having a management approach that promotes employee morale and ownership can increase the rewards. This workshop will help social work managers identify participatory management strategies that promote morale, retention, and ownership in the nonprofit setting. Explore how to be an effective and ethical leader, identify strategies to incorporate in the workplace, and develop a better understanding of organizational structure influences and participatory management approaches to non-profit settings.

Debra HuntYoung, EdD, MSW, Teaching Assistant Professor/Program Coordinator, Southern Tier, School of Social Work, West Virginia University, Charleston, WV.

### **C 8 Poverty Simulation**

Poverty is a reality for many individuals and families but unless you've experienced poverty, it's difficult to truly understand. The Community Action Poverty Simulation is an interactive immersion experience. Participants will take on the identity of someone living in poverty. They will role-play and work together with their family to live a month of poverty. Throughout the month they face the daily stresses and challenges a person in poverty faces. After the simulation, participants will share their experiences as a group to better understand that many problems experienced in the work place are a direct result of poverty.

Cheryl Laws, MA, Chief Executive Officer, Pollen8, Charleston, WV.

### **C 9 Intimate Partner Violence in the Military**

Intimate partner violence includes physical violence, sexual violence, stalking, and psychological aggression by a current or former intimate partner. Research on intimate partner violence has shown that Veterans are at greater risk for using and/or experiencing violence compared to their civilian peers. Veterans who have served in Iraq and Afghanistan may be particularly vulnerable to intimate partner violence due to higher rates of mental health issues, in particular post-traumatic stress disorder and alcohol abuse. Helps social workers and other helping professionals identify Veterans who are affected by intimate partner violence in order to promote best service outcomes.

Amy McQuade, MSW, LICSW, BCD, Clinical Social Worker, Department of Veterans Affairs, Charleston, WV. VET

### **C10 Understanding Suicide: The Fundamentals of Treatment of the Suicidal Client**

A recent article by the New York Times reads, "U.S. suicide rates surge to a 30 year high." Critical answers on how to treat and intervene with clients can better happen by understanding why and how people become suicidal. Recent theories of what creates a suicidal crisis give insights into effective treatments for the client in crisis and have changed traditional approaches. Directing clients to the best resources, regaining balance after a crisis, fleeting vs. chronic thoughts, continuity of care, and engagement are included.

Paula Rymer, Assistant Professor, Social Work Program, Marshall University, Huntington, WV.

### **C11 Identifying and Responding to Sexually Exploited Youth**

Provides attendees research-based facts on the sex trafficking of American children, including the profiles of victims, vulnerability/risk factors, tips on identification, recruitment and grooming tactics used by various traffickers, along with the terminology and culture associated with pimping. Includes information about gang-controlled trafficking cases; profiles and behavioral patterns of habitual sex buyers; impact of chronic and intense trauma on children; psychological disorders and behavioral symptoms commonly associated with sexually exploited children. Tips

on identifying and interacting with victims with simple strength-based and trauma-informed practices, along with direction on how to implement an effective screening tool are included.

Elizabeth Scaife, Director of Training, Shared Hope International, Alexandria, VA.

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## Thursday Afternoon, April 27, 2017, One-Hour 'D' Plenary Sessions, 1:30 PM – 2:30 PM

### D 1 Supporting Low Wage Earners in West Virginia

By maintaining SNAP benefits, establishing a state Earned Income Tax Credit and other actions, West Virginia could greatly help working families and low-wage earners make ends meet and move toward self-sufficiency. We'll explore how the WV Legislature addressed this challenge during its recently completed session, and whether the actions of state agencies have alleviated or exacerbated the problem. Finally, learn what YOU can do to address this issue in your community!

Seth DiStefano, Campaign Coordinator, WV Center on Budget and Policy, Charleston, WV.

### D 2 The History of West Virginia: The Road to Statehood

Our state historian and archivist brings to light the issues, differences and disagreements that divided us from the Commonwealth of Virginia, turning families and neighbors against one another throughout what is now West Virginia. Includes a brief introduction to the resources of the Archives and History Section, such as videos about the last June's flooding and the history of our people and rivers.

Joseph Geiger, MA, State Historian and Archivist, WV Division of Culture and History, Charleston, WV.

### D 3 Addressing Ethical Dilemmas in Practice

This interactive presentation allows participants to discuss and apply the NASW Code of Ethics to ethical dilemmas that may occur in social work practice. You are encouraged to bring examples from your own practice. Jo Dee Gottlieb, MSW, LCSW, Professor, Program and Field Director and Kelli Larsen, MSW, PhD, Assistant Professor, both of Marshall University Social Work Program, Huntington, WV. ETH

### D 4 The Introverted Helper

Introverts often choose helping professions out of a deep concern about the human condition. The problem is, these professions require introverts to spend a great deal of time with humans. How does an introvert stay energized to do this work when solitude may be a limited resource?

### C12 Ethics and Risk Management in the New Era of Social Work

For Social Workers in all practice settings/positions. Developed and sponsored by NASW Assurance Services, Inc. Describes significant malpractice risks in our profession. Offers methods of mitigating/reducing the risk of being sued. Covers key concepts in risk management including confidentiality, duty to warn, and informed consent. Explores reasons social workers are sued and what constitutes a malpractice case. Emphasizes record keeping and includes a toolkit, guidelines for supervision, tips for clinical/private practice, and a briefing on ASI malpractice insurance, its special features and implications for your practice. Terrie Fritz, MSW, LCSW, Director, Center for Social Work and Healthcare, University of Oklahoma and Malpractice Risk Trainer, NASW Assurances Services, Inc., Frederick, MD. *We gratefully acknowledge the support of NASW ASI, Inc. in making this presentation possible. ETH.*

Learn: 1. the "optimal arousal" theory of introversion and extraversion, 2. the risks of overstimulation and burnout for the introverted helper, and 3. what introverts can do to care for themselves, leverage their personality strength and thrive as they pursue their life's work. Extraverts also benefit by better understanding introverted clients and coworkers.

Laurie Helgoe, PhD, Clinical Assistant Professor, WVU Department of Behavioral Medicine & Psychiatry, Charleston, WV.

### D 5 Social Networking: The Good, the Bad, and the Ugly

Over the past several years all of us have enjoyed the benefits of social media. It has impacted our everyday lives for the good but the "bad" and "ugly" has managed to creep into our lives and especially affecting the lives of children and adolescents. This presentation is designed to bring participants up to speed on the Internet-related issues facing adolescents today. It covers a basic overview of the online technologies utilized by children and teens, providing numerous real world examples of cyber bullying that help to drive home the seriousness of this problem.

Jim Holler Jr, Consultant, Retired Chief of Police, Fairfield, PA.

### D 6 How to Limit the Effects of Vicarious Traumatization and Compassion Fatigue

(A shorter version of the 'B' session)

Chatman Neely, MSW, Social Worker, Farmer and Innkeeper, Wellsburg, WV.

### D 7 Collision Course:

#### The Intersection of Trafficking and Health Care

This workshop provides informed guidance on how any health professional or emergency responder can identify and interact with victims on the scene or in an acute care setting. The presenter will review physical and psychological health consequences, behavioral dynamics, and challenges to providing care and how to establish a trauma-informed response.

Elizabeth Scaife, Director of Training, Shared Hope International, Alexandria, VA.



## Thursday Afternoon, April 27, 2017, One & One-Half Hour 'E' Sessions, 3:00 PM – 4:30 PM

### E 1 Creating Well-being through Strengthening Community

Traditional definitions of wealth are inadequate when trying to measure how community organizations create community wealth. Thinking of wealth of a community as the net value of the well-being of its residents is a more meaningful way to assess the impact of a local human services organization. Learn to apply strength based leadership principles within our own organizations and practices to improve the well-being of our communities.

Ellen Allen, MBA, Executive Director, Covenant House, Charleston, .

### E 2 CUPID: Straight to the Heart of Policy Practice

The CUPID program kicked off at Concord University in the Fall of 2016. A grant project funded by CSWE in which participants are learning about the importance of policy practice in social work education. In this interactive workshop, participants acquire skills to effectively integrate policy into practice.

Shawn Allen, MSW, LGSW, Director of Field Education, Scott Ingham, MSW, LGSW, Director of Grants and Contracts, Concord University, Athens, WV.



### **E 3 Building a Grassroots Movement for Kids' Mental Health: Hearts, Minds and Futures**

For several months Mental Health Matters (MHM) partnered with a number of state organizations to hold forums in six key communities in West Virginia entitled Hearts, Minds and Futures: Juvenile Justice, Mental Health Care and Education. Experts met in Beckley, Charleston, Huntington, Martinsburg, Morgantown and Wheeling to hold honest and open dialogues regarding what we're doing, what we're not doing, what can be done, and next steps for our state at a time with fewer resources and a shrinking budget. Learn how MHM advocated for these recommended changes at the legislature and how you can become part of this grassroots movement. Kelli Caseman, MS, Director, WV Kids Health Partnership, A project of West Virginians for Affordable Health Care, Charleston, WV.

### **E 4 Complicated Grief: Helping Others Move Forward after Loss**

Grief is a typical response to the separation that goes along with the death of someone close. Complicated grief can impact 2-4% of the population and can escalate to 10-20% if the death being grieved was that of a romantic partner or child. The hall mark findings associated with complicated grief, timelines for assessment, and treatment strategies will be shared. Scott A. Fields, PhD, Director Behavioral Science, WVU School of Medicine, Charleston, WV and W. Michael Johnson, MD, Assoc. Director and Clinical Faculty, Grant Family Medicine Residency, Columbus, OH.

### **E 5 Adolescent Substance Abuse: Screening, Brief Intervention, Referral and Treatment**

Provides an overview of SBIRT including general concepts, basic principles of brief intervention, application of motivational interviewing strategies, and understanding the "warm handoff." Adolescent-specific screening tools and uses of SBIRT in various settings will be discussed. Jo Dee Gottlieb, MSW, LCSW, Program and Field Director, Social Work Dept., Marshall University, Huntington, WV, Rita Brown, MSW, MA, Field Director, WVSU Social Work Program, Institute, WV, and John David Smith, MSW, MA, JD, LLM, Chair, Social Work Dept., Concord University, Athens, WV.

### **E 6 What's Your Story?**

#### **Using Narrative Therapy to Transform Lives**

We all tell stories about our lives. For our clients, these stories often center on problems, and the problems often feel overwhelming. Narrative therapy recognizes that stories are not fixed and final. In this workshop, Dr. Helgoe demonstrates how to deconstruct a problem-saturated story and then construct alternative, richer and more hopeful narratives. The workshop employs demonstrations and role-play to allow participants to both observe and practice the techniques.

Laurie Helgoe, PhD, Clinical Assistant Professor, WVU Department of Behavioral Medicine & Psychiatry Charleston, WV.

### **E 7 Learning to Listen: Defusing a Hostile Situation**

Service providers spend countless hours behind the scenes assisting those in need. At times they may be forced to deal with individuals who become angry and will attempt to take their aggression out on the service provider. Despite efforts to control, circumstances can quickly escalate into potentially dangerous situations. Stresses the importance of not only recognizing a potentially dangerous situation, but also how to defuse it as rapidly as possible. Also offers some life saving tips for the service provider on how to protect themselves if violence erupts.

Jim Holler, Consultant, Holler Training, Fairfield, PA.

### **E 8 Listening to You is Killing Me Softly**

This session will explore what happens to a therapist when they are unable to "help" the client. There will be an opportunity to discuss similarities to PTSD and why.

Ravi Isaiah, MDiv, DMin, LPC, Director of Pastoral Counseling, Charleston Area Medical Center, Charleston, WV.

### **E 9 Caregiving Defined and Then What?**

In WV there are nearly 300,000 family caregivers. Caregiver stress is becoming a serious health issue. Through power point, role-play, humor and discussion, participants will explore the role of caregiver and grief during that role and the possibilities for playfulness and joy. Jane Marks, BA, CDP, Certified Dementia Practitioner and Caregiver Advisor, Charleston, WV.

### **E10 2017 Legislative Recap**

This recap of the 2017 session of the WV Legislature will review significant legislation introduced and passed. The focus will be on social legislation affecting low income working families and tax and budget policy including how WV's significant budget gap was closed. Sean O'Leary, MPA, Policy Analyst, WV Center on Budget and Policy, Charleston, WV.

### **E11 Planning for Your Retirement and for Those Dear to You**

Retirement is a time to do things one wants to do; spend time with loved ones; learn new skills; travel; volunteer, develop new hobbies. Often retirement planning focuses solely on financial preparation. A broader definition includes social, legal, personal, interpersonal and familial issues. Retirement is more than "a time to do what I always wanted to do." Participants will explore and define many professional and personal needs which need to be taken into consideration when planning for retirement or living in retirement. Wade Seibert, PhD, Professor of Social Work (Retired), Hummelstown, PA.

### **E12 The Light Project: It's Not Just about Syringes**

On August 19, 2015 Milan Puskar Health Right opened its doors for the first clean needle syringe/harm reduction program in West Virginia. Today WV has clean syringe programs in Morgantown, Charleston, Huntington, and Wheeling. Presenters will share what has been learned in this first year, highlighting the unique needs of this very vulnerable population. Helps social workers become familiar with the need for and purpose of clean syringe exchange/harm reduction programs. Caitlyn Sussman, MSW, LGSW, Social Worker, and Laura Jones, MSW, LCCSW, Executive Director, Milan Puskar Health Right, Morgantown, WV.

### **E13 Understanding Social Security Work Incentives**

Explains Social Security Disability Insurance, Supplemental Security Income, Medicare, Medicaid, and The Ticket to Work Program, implemented in WV in 2003. Many consumers who receive Social Security benefits are afraid of losing their cash or medical benefits if they have paid employment. This session will make professionals aware of options their clients have when starting or returning to work.

Jennifer Tenney, MA, WIPA Program Manager, Center for Excellence in Disabilities, Morgantown, WV.

### **E14 History of Addiction, Recovery and Drug Laws**

Addiction has plagued society since people first encountered brain-changing substances of abuse. With a focus on consequences of addiction in society, addiction history is often overlooked. WV leads the nation in overdose deaths. As practitioners we frequently find ourselves too busy handling the crisis to consider the history behind this epidemic. This session will explore the history of addiction, the recovery movement in the US, the creation of federal drug laws, and WV addiction trends and laws.

Stephanne Thornton, MDiv, MSW, LICSW, Criminal Justice Specialist, Public Defender Services, Ravenswood, WV.

### **E15 Grandparents Raising Grandchildren**

Grandparents raising grandchildren represents the fastest growing type of household in the US and WV ranks 4th among states. Grandparent provide a valuable service to society. Yet these families often have unmet financial, healthcare, legal, childcare, and mental health needs. Presents an overview of "grandfamilies" and the skills needed to help grandpar-

ents effectively navigate the role of parenting the second time around. A comprehensive assessment instrument will be presented along with discussion of available resources.

Brenda Wamsley, PhD, MSW, LCSW, Professor and Chairperson, Social Work Department, Director Healthy Grandparents Project, and Yvonne Lee, PhD in progress, MSW, Adjunct Professor, both of WV State University, Institute, WV.

**E16 Recovery in the VA:  
Hope, Meaning, Purpose and Peer Support**

Presents the strength based Recovery Model and its history and use in the VA. Recovery as a process and outcome model in contrast to a medical model will be discussed. The importance of valued life goals, shared decision making and the critical ingredients of hope, meaning, and purpose will be explored. The role of language, stigma, and self-stigma will be discussed. Relevance of these issues for improved outcomes will be addressed.

Charles Weinberg MSW, LICSW, Local Recovery Coordinator, Huntington VAMC, Huntington, WV. VET



**Thursday Evening Film Festival!**

**April 27, 2017, One & One-Half Hour 'F' Sessions, 7:00 PM - 8:30 PM**

*Note: Due to its length the film Almost Sunrise will begin at 6:30 PM*

**F 1 Music and Memory: Alive Inside**

Social worker Dan Cohen advocates for the use of music therapy for dementia patients. Through the nonprofit organization, Music & Memory, the film demonstrates music's ability to combat memory loss and restore a deep sense of self to those suffering with Dementia. Film Facilitator Nancy Daugherty, BA, Associate Director, WV Geriatric Education Center, Charleston, WV.

**F 2 The Age of Love**

The Age of Love is a story of the universality of love and desire, regardless of age. It follows the adventures of 30 seniors who attend a first-of-its-kind Speed Dating event for 70- to 90-year-olds, and discover how the search for love changes—or doesn't change—from first love to the far reaches of life. Film Facilitator TBA.

**F 3 Screenagers: Growing Up in the Digital Age**

Are you watching kids scroll through life with their rapid-fire thumbs and a six-second attention span? Physician and filmmaker Delaney Ruston saw this with her own kids, and learned that the average kid spends 6.5 hours a day looking at screens. She wondered about the impact of all

this time and the friction occurring in homes and schools around screen time. Delaney takes a personal approach as she explores struggles over social media, video games, academics and internet addiction. Through stories, along with insights from professionals and teenagers, Screenagers reveals how tech time impacts kids' development and offers solutions on how adults can empower kids to best navigate the digital world.

Film Facilitator Kim White, LCSW, Professor, Department of Social Work, Marshall University and Mother of Twin Boys, Barboursville, .

**F 4 Almost Sunrise** *Note: Begins at 6:30pm to allow discussion time.*

This film by Michael Collins, is the inspiring true story of two friends, both veterans of Iraq, who embark on a journey to heal from their time in combat. The film follows ex-soldiers Tom and Anthony as they walk 2,700 miles across America. An unprecedented exploration of moral injury – a term recently defined by mental health professionals as wounds to the soul caused by participation in events that go against one's deeply held beliefs about right and wrong, and which many believe may be the leading cause behind the soldier suicide crisis in the US. The film shows vets, and those who love them, that these wounds can be healed– and reminds us all of the power of community to truly help bring our soldiers home. Film Facilitator TBA. VET Note:



**Friday Morning, April 28, 2017, Poster Sessions, 8:30 AM – 10:00 AM**

**G -A Integrated Mental & Behavioral Health Service Delivery in West Virginia: Poster Presentations**

*On display in the lobby will be six research poster presentations prepared by MSW students enrolled in the HRSA-funded Integrated Mental and Behavioral Health Training Program at the WVU School of Social Work. To receive CE credit, select 'G' on your registration form, and enter thirty minutes if 8:30-9am, 1 hour if 9-10am, or 1.5 hours if 8:30-10am. Be sure to sign the attendance form to assure credit.*

Rural communities present unique challenges regarding access to mental and behavioral health resources. The Integrated Mental and Behavioral Health Training Program (IMBTP) within the WVU MSW program prepares students to develop and implement integrated approaches to mental and behavioral health service delivery focusing on practice with children, adolescents, and transitional age youth and military personnel, veterans, and their families. This poster session will include 4-6 poster presentations from IMBTP trainees. The 15 graduating trainees will deliver poster presentations in groups of 2-4 students. Via posters, trainees will share ideas for innovation in integrated service delivery, while also illustrating the multiple benefits of these services in rural communities. *Carrie W. Rishel, MSW, PhD, Professor; Helen P. Hartnett, MSW, PhD, Associate Professor; Savanna Brown, MSW Candidate and IMBTP-2 Trainee, Samantha Buford, MSW Candidate and IMBTP-2 Trainee, Cynthia Deskins, MSW Candidate and IMBTP-2 Trainee, Avere Fields, MSW Candidate and IMBTP-2 Trainee, Kayla Grogg, MSW Candidate and IMBTP-2 Trainee, Challice Laing, MSW Candidate and IMBTP-2 Trainee, Christy Lambert, MSW Candidate and IMBTP-2 Trainee, Angela Lawrence, MSW Candidate and IMBTP-2 Trainee, Caitlin Lyon, MSW Candidate and IMBTP-2 Trainee, Johnathan Lyon, MSW Candidate and IMBTP-2 Trainee, Kim Marker, MSW Candidate and IMBTP Trainee, Celia Molnar, MSW Candidate and IMBTP-2 Trainee, Kelly Wasson, MSW Candidate and IMBTP-2 Trainee, Cory Wharton, MSW Candidate and IMBTP Trainee, Joshua Yankey, MSW Candidate and IMBTP-2 Trainee, all of School of Social Work, West Virginia University, Morgantown, WV.*



**Friday Morning, April 28, 2017, One Hour 'G' Plenary Sessions, 9:00 AM – 10:00 AM**

**G 1 Awards Ceremony: 2017 Social Worker of the Year and Other Awards of Merit**

Learn of the accomplishments of those who represent the best our profession has to offer! This is the annual presentation of awards for Social Worker of the Year and more! Come celebrate these remarkable people! Steve Tuck, MSW, Member, NASW WV Committee on Nominations and Leadership Identification.

**G 2 Social Determinants of Health Inequalities in West Virginia**

Why are we West Virginians so unhealthy? Why are some groups unhealthier than others? Social determinants are the conditions in which people are born, grow, live, work, play and age. They include socioeconomic status, education, physical environment, employment, race, culture and social supports, as well as access to health care. Dr. Gupta will present an overview of this important topic and offer hope and direction for improvement. Rahul Gupta, MD, MPH, FACP, WV DHHR Bureau for Public Health Commissioner & State Health Officer, Charleston, WV.

**G 3 Impact of the State Budget on Social and Health Programs**

Programs that employ Social Workers, and the resources to which we refer vulnerable individuals and families, depend largely on state and federal funding. We all know that the state budget situation is dire! The extent of cuts and revenue enhancements decided by this year's WV Legislature will largely determine to what degree such programs and resources continue to exist. Sean O'Leary, MPA, Policy Analyst, WV Center on Budget and Policy, Charleston, WV.

**G 4 Black Appalachians: Identity, Locations and Barriers**

Black people have been a part of Appalachia since the earliest white settlers and racism remains a significant force. Prejudice, discrimination, poverty, powerlessness and white privilege (from the framework of Critical Race Theory) are discussed as factors limiting opportunity and the quality of black lives within our Region. Includes insights into how to meaningfully engage blacks.

Wilburn Hayden, MSW, PhD, author of the book *Black Appalachians* and Professor, School of Social Work, York University, Toronto, Canada. ETH

**G 5 Caught in the Middle: Child Abuse and Domestic Violence**

Child abuse and domestic violence often occur within the same family and are linked in a number of ways that have serious consequences for the safety of all family members. Addresses the problem of child fatalities due to domestic abuse and neglect in the US. The perpetrators are usually individuals responsible for the care and supervision of children and most incidents occur in the home. Children caught in the middle of domestic violence are often overlooked. Stresses the importance of recognizing that children are often victims, not only by witnessing the

violence but many times by being abused as a result. Jim Holler, Consultant, Holler Training, Fairfield, PA.

**G 6 Sex, Money and Gangs: An Evolution of Exploitation**

Traditionally focused on drug trafficking and other criminal enterprises, gangs in West Virginia and across the nation have discovered that sex trafficking yields higher profits with less risk. Reveal the scope of gang-involved sex trafficking in WV and America and profiles its victims, focusing on gang dynamics and indoctrination, along with the recruitment and control tactics used. Case studies will highlight differences between pimp and gang-controlled trafficking, and the importance of collaboration to provide a victim-centered approach.

Elizabeth Scaife, Director of Training, Shared Hope International, Alexandria, VA.

**G 7 Ethical Dilemmas Involving Colleagues**

What course of action should a social worker pursue if made aware of an ethical conflict posed by a colleague? A number of barriers to resolving ethical dilemmas present themselves when colleagues are involved. The desire to maintain amicable, productive relationships, uncertainty about how to handle the issue, and fear of reprisal may influence decisions. In this session we'll refer to common ethical decision-making frameworks, the NASW Code of Ethics primary among them, and apply them to scenarios that describe dilemmas presented by colleagues in the social service environment. We'll also explore the concept of organizational ethics in order to better understand how an agency's culture supports or undermines employee's ethical behavior.

Kim White, MSW, LCSW, Assistant Professor, Social Work Program, Marshall University, Huntington, WV. ETH.



**Friday Morning, April 28, 2017, One & One-Half Hour 'H' Workshops, 10:30 AM – 12:00 PM**

**H 1 Effects of PTSD with Family Members of Veterans**

When providing treatment for veterans with PTSD, it is important to look beyond the individual and consider the effects of PTSD on family members. Focuses on improving family relationships, well-being, dignity and worth of each person in the family.

Barbara Anderson, DSW, MSW, Social Worker, Vet Center, Bluefield, WV. VET

**H 2 I'll Get to That Tomorrow: The Plague of Procrastination**

We all procrastinate at one time or another; however, some of us chronically procrastinate, thus sabotaging our success at reaching important goals and causing ourselves emotional distress. Addresses the evolutionary, neurological and psychological reasons for procrastination and offers specific management methods.

Debra Beatty, MSW, LICSW, Clinical Social Worker, Psychotherapist in Private Practice, Charleston, WV.

**H 3 What Will Replace the Affordable Care Act?**

President Trump and the new leadership in Congress have vowed to repeal and replace the Affordable Care Act. This workshop will discuss the latest proposals to reshape America's health care system and how these changes will impact West Virginia.

Perry Bryant, President, West Virginians for Affordable Health Care, Charleston, WV.

**H 4 Practical Tips for a Brain Healthy Lifestyle**

If the human brain is the greatest system in the world, the source of every thought, behavior, and emotion (which it is), then shouldn't we give it the best care possible? How do we do that? What happens to your brain as you age and what is healthy brain aging? This interactive session focuses on steps everyone can take to keep the brain functioning effectively for as long as possible.

Nancy Cipoletti, BA, Director of Alzheimer's Programs, WV Bureau of

Senior Services, Charleston, WV.

**H 5 Appalachian Microaggressions: Perspectives of Community College Students in Southern West Virginia**

Focuses on the impact of Appalachian micro aggressions on the people of southern WV. Will highlight the relationship between stereotyping, discrimination, and micro aggressions. The potential effects of these small slights psychologically, as well as their impact on healthcare, education, and employment will be discussed.

Karen Cummings-Lilly, DSW, MSW, LCSW, Assistant Professor, East Tennessee State University, Johnson City, TN. ETH

**H 6 Navigating the Maze of Advance Care Planning**

West Virginia has one of the most comprehensive end-of-life systems in the country. This workshop helps the social worker navigate the maze of advance care planning and apply the WV Healthcare Decisions Act in the process. Social workers play a vital role in this system to ensure patients' wishes are known and respected throughout the lifespan. Bring your questions regarding end-of-life documents.

Courtney Dunithan, MSW, LGSW, Assistant Director, WV Center for End-of-Life-Care, Morgantown, WV.

**H 7 Other People's Kids: Raising Teenagers in Residential Care**

Thousands of children and adolescents in West Virginia are growing up with the state serving as a surrogate parent. This workshop examines how state and private agencies care for these teens, the range of behaviors commonly seen and the standard methods of treatment. The presenter will explore why treatment seems to work in some cases and not others, and will provide an overview of residential services in WV, the philosophy behind some programs, and associated legal issues will be presented.

Greg Johnson, MSW, Therapist, Davis-Stuart, Inc., Lewisburg, WV.

## H 8 Pregnancy and Opioid Use Disorders:

### The Medication-Assisted Treatment Approach

Treating pregnant women with opioid use disorders can be both challenging and rewarding. This workshop explores strategies for reducing shame and guilt so that pregnant women feel comfortable seeking and engaging in treatment. Specific treatment modalities will be addressed, including individual, family, group and medication-assisted treatment. The impact of medication on the fetus will be discussed, along with the importance of harm reduction and the ethical issues in the treatment of this population.

Laura Lander, MSW, LICSW, Assistant Professor, WVU Department of Behavioral Medicine & Psychiatry, Morgantown, WV.

## H 9 Homelessness:

### How Student Needs Assessments Support Practice

The need for evidence based practice is ever more important as agencies struggle with increasing funding uncertainty. Marshall University BSW students analyzed findings from agency based "needs assessments" completed for homeless service agencies in the Huntington WV area. This session presents posters highlighting findings from these capstone projects, which were presented to agency personnel and used to evaluate and improve client service delivery.

Kelli Larsen, MSW, PhD, Assistant Professor, Social Work Program, Marshall University, Huntington, WV.

## H10 Performance Feedback: Let's Get Better!

Marginal employees are a drain on company performance and employee morale. Strong employees routinely pick up their slack and resent it. Most employees want to improve but often hear that they're doing "fine." This isn't helpful. You'll create reviews for a given performance, and learn the PARTS Model for reinforcing results.

Mark McMillion, MS, Principle, McMillion Leadership, Clarksburg, .

## H11 Integrating Prevention Content into Clinical Social Work Practice Courses

Recent incidents of gun violence across the country build a renewed focus on mental health and social workers have a unique role to play. By training social workers to be aware of potential risk identifiers, in addition to traditional methods of mental health care, a plan of care can be outlined and deployed. Hear about how MSW students learn to apply a prevention-focused approach to address the mental and behavioral health needs of children and families.

Carrie Rishel, PhD, MSW, Professor, School of Social Work, West Virginia University, Morgantown, WV.

## H12 Senior Issues in West Virginia: Age-friendly Communities, Affordable Housing, and the Workforce Crisis

Our Senior Living Initiatives is working in Buckhannon, Elkins and Hinton to create age-friendly communities, increase affordable and supportive housing, and to address the need for more qualified people to work with elders and disabled people in activities of daily living. One of the ideas being investigated is the concept of congregate housing for elders that would provide comforts, services and social opportunities, and would be preferable to the isolation of living alone in difficult to maintain older homes. Phil Schenk, Director WV Partnership for Elder Living, Inc., South Charleston, WV.

## H13 One Moment at a Time:

### Changing the Stories We Tell Ourselves

Presents useful critical thinking and reflection tools designed to help social workers view disappointments, challenges and perceptions in their work by checking the assumptions underlying them. Utilizing small-group exercises, participants will learn to "re-write" moments in work and life in order to develop opportunities for learning, change, and building gratitude.

Meike Schleiff, MSPH, DrPH, Assistant Professor, Future Generations Graduate School, Cantonsville, MD.



Friday Afternoon April 28, 2017, One & One-Half Hour 'J' Sessions, 1:15 PM – 2:45 PM

## J 1 American Indian Families in West Virginia

An overview of our Native Americans in this state. Addresses the stresses of this diverse minority population, which has suffered genocide and ongoing prejudice, and what social workers need to know to work with the population respectfully and effectively. Dr. Appleton shares important insights and corrects popular misconceptions. Mental health and addiction issues are briefly covered.

Wayne Appleton, PhD, Principal Chief, Appalachian American Indians of West Virginia, Coauthor of Native American Tales Retold, Lesage.

## J 2 Sexuality after Sixty

From the World War II generation to the "free love" baby boomers, seniors are challenging the myths and defying the stereotypes of what they should think, feel, say, and do when it comes to relationship issues facing seniors and changing attitudes toward sexuality later in life. What do seniors want in a relationship? How have societal changes impacted senior dating? How can we support the relationship choices of an ever-growing, independent-thinking segment of society? Nancy Cipoletti, BA, Director Alzheimer's Programs, WV Bureau of Senior Services, Charleston, WV.

## J 3 Self-Help Recovery: How AA/NA Meetings Operate

Sponsored by a local AA group, this session demonstrates an open, mixed, AA/NA discussion meeting and is open to all conference attendees. Follows the routine format used at meetings around the world. An excellent opportunity to experience how a self-help meeting functions. Also presents the variety of self-help groups available to the public, and a history of the Self-Help Recovery Movement.

Facilitator: Joe Deegan, LICSW, AADC, Business Development/Managed Care Liaison, Behavioral Health Services, Thomas Memorial Hospital, South Charleston, WV, with Seasoned Group Participants.

## J 4 Everything You Wanted to Know about Expressive Writing

Expressive writing can improve physical and psychological well-being. The presenters are currently conducting a 2 year study at the WVU Cancer Institute, where patients participate in story telling by responding to questions. The study's goal is to see if storytelling affects quality of life, and better prepares patients for conversations concerning Advanced Care Planning. Discusses what is narrative, current results of the study, and how the techniques used can be applied in other settings.

Dr. Carl Grey, Asst. Professor of Medicine and Geriatrics, WVU School of Medicine, Renee Nicholson, MFA, Asst. Professor of Multi and Interdisciplinary Studies and Whit Arnold, Graduate Teaching Assistant, Morgantown, WV.

## J 5 Authority Rape

Authority rape is sexual abuse or exploitation of a child under the age of eighteen by any person in a position of authority. We have seen over and over, the teacher, preacher, coach, aunt, uncle, cousin, mom, or dad who has used their authority to sexually abuse the children around them. Addresses the common characteristics and behaviors of the authority rapist as well as the characteristics and behaviors that make the child more vulnerable. Important strategies for social workers dealing with these situations are offered.

Jim Holler, Consultant, Holler Training, Fairfield, PA.

## J 6 Lou Gehrig's Disease: Resources for Those with ALS in WV

Basic information about ALS is provided. Includes symptoms and effects on the sufferer and family. Guidance is also given so the social worker will know where to turn for assistance with this unique population. Includes a discussion of symptoms of the disease versus what strengths that are likely to continue.

Sara M. Hoten, MSW, LGSW, ALSA Care Services Coordinator, The ALS Association, Beckley, WV.

### **J 7 Working with Children of Military Families**

The adult issues of reintegration after deployment, coping with PTSD symptoms, overcoming addiction and effective communication directly affect the lives of children in the family. Includes how to work with children impacted in this way with play therapy techniques. Addresses the therapeutic skills necessary to provide mental health services to our military and/or veteran couples and families in treatment.

Gwen J. Humphrey, LCSW, Marriage and Family Therapist, Huntington Veterans Administration Hospital, Huntington, WV. VET

### **J 8 Our Appalachian Journey: Stories, Music and Reflections**

Dr. Lilly will discuss the personal and musical journey of his family and members of his community. Uplifting accounts of Appalachian people as

they confront personal and economic challenges across time and place will be presented. Includes untold stories of the Lilly Brothers, who achieved worldwide fame in bluegrass music. Excerpts from Dr. Lilly's upcoming book will be part of the presentation. Dr. Lilly's multigenerational traditional music group, The Songcatchers, will provide a music performance in celebration of Appalachians past and present.

Everett Lilly, MSW, PhD, BSW Program Director, East Tennessee State Univ., Johnson City, TN. (Repeats as a shorter version in the "K" series)

### **J 9 Successful Supervision Starts NOW!**

This session will help new supervisors understand how to clearly communicate workplace standards and expectations, and provide performance feedback. The supervisor will learn how to encourage their supervisees to meet standards, and what to do when they don't.

Mark McMillion, MS, Principle, McMillion Leadership, Clarksburg.



## **Friday Afternoon April 28, 2017. One Hour Closing 'K' Plenary Sessions, 3:00 PM – 4:00 PM**

### **K 1 NARCAN Training to Save Lives from Opiate Overdose**

WV is experiencing one of the worst substance abuse epidemics in the nation. In 2015, more than 700 people died from drug overdoses, and the WV legislature passed a bill making naloxone available. Narcan, an antidote that can temporarily reverse overdose effects, is available to first responders, relatives, friends, and caregivers. Pharmacists are now authorized to dispense Naloxone without prescription. The available versions: injection and nasal spray, have already saved many lives. Provides the information necessary for using the medication in an overdose situation. Lindsay Acree, Pharm.D, AE-C, Pharmacist-In-Charge, PharmUC Patient Care Clinic and Assistant Professor, University of Charleston School of Pharmacy, Charleston, WV.

### **K 2 Mental Health in Primary Health Care: The Ethics of Integrated Care**

Integrated sites tend to be more prevalent in rural areas, leading to unique ethical issues not common in urban or traditional behavioral health settings. While many of the insights will be applicable to other settings, the case presentation and examples will be specific to rural integrated settings. Mary Aldred-Crouch, MSW, MPH, LICSW, MAC, AADC and Emily Selby-Nelson, PsyD, Both Behavioral Health Providers, Cabin Creek Health Systems, Kanawha County, WV. ETH

### **K 3 Medicaid: What's the Latest?**

Medicaid is the state and federal safety net health insurance program for adults, children people with disabilities, patients in nursing homes and patient receiving home- and community-based services. We will discuss the latest on what is being proposed by Congress for changing Medicaid program. and implications for WV and her most vulnerable citizens. Perry Bryant, President, Board of Directions, West Virginians for Affordable Health Care, Charleston, WV.

### **K 4 Updates from the West Virginia Board of Social Work**

Board members and staff of the West Virginia Board of Social Work provide up-to-date information on recent legislative and administrative rules changes, and respond to our questions on these and other Social Work licensing issues.

Vickie James, MSW, LCSW, Administrator, and Members of the WV Board of Social Work, Charleston, WV.

### **K 5 Our Appalachian Journey: Stories, Music and Reflections**

(A repeat of the 'J' session of the same title)

### **K 6 Save the Children: Support in Crisis for Recovery**

Whether it is toxic stress from poverty or the distressing experiences from a devastating flood, providing children with immediate and

long-term support promotes recovery and resilience. Save the Children provides structured programs that draw on children's strengths to support emotional development. In 2007, in post-Katrina New Orleans, Save the Children developed this program that has now been used with 85,000 children around the US. Tony Richards, MPH, Program Specialist, and Anna M. Hardway, MA, State Director of Programs & Partnerships (WV, SC, AL), both of Save the Children, South Charleston, WV.

### **K 7 Oral Health in the Golden Years:**

#### **Dentures, Decay and the Connection to Chronic Disease**

This session will look at oral conditions that are all too common in the mouths of seniors – problems that are connected to the many chronic and acute diseases that those elders have. We will look at socioeconomic issues as they relate to senior oral health and the need for better coordination among primary care and dental professionals. There will also be some practical tips for observation of issues that should be brought to the attention of your clients and their healthcare providers.

Phil Schenk, Director WV Partnership for Elder Living, Inc.

### **K 8 A New Social Change Opportunity:**

#### **Community Health Workers**

Social workers have the unique opportunity and responsibility to understand people's lives as not just a disease or a set of symptoms. Through the lens of CHW approaches to working with communities, additional opportunities to find solutions to complex social challenges can be found. From research listening to social workers in health care at two sites in WV and from the national conversation about CHWs, Dr. Schleiff draws parallels between this new role of CHW and the invaluable role that social workers have held in West Virginia for decades. Will be asked to think about ways in which to integrate the CHW approach into practice here, to find ways to be better supported, and to achieve greater impact by thinking about social support and change in this way. Meike Schleiff, MSPH, DrPH, Assistant Professor, Future Generations Graduate School, Catonsville, MD.

### **K 9 The 2017 Our Children Our Future Legislative Platform:**

#### **How Did We Do?**

In just four years, the OCOF Campaign to End Child Poverty has won 21 policy victories. Learn how the 2017 Legislative Platform fared in promoting such issues as child mental health services as an alternative to school disciplinary proceedings, utilizing rural schools as after-hours community centers, giving felons a "second chance" for employment, safer water systems, and MORE!

Jennifer Wells, MSW, Schools Organizer/Shared Use Coordinator, Our Children, Our Future Campaign, West Virginia Healthy Kids and Families Coalition, Huntington, WV.

**Wednesday, April 26, 2017****9:00 - 10:30 AM: Keynote Address Session****11:00 AM: One-Hour 'A' Plenary Sessions**

- A 1 Partnering with Communities of Faith to Reduce Addiction in West Virginia
- A 2 What is Grit & Do YOU Have it? Success in Life for the Long Haul
- A 3 Military Sexual Trauma: Silent No More
- A 4 Social Workers' Ethical Responsibilities in Practice Settings
- A 5 Law Enforcement & Dementia: Disorderly Conduct of the Alzheimer's Brain
- A 6 Exercise and Mental Health: Research and Practical Considerations

**1:30 PM: Three-Hour 'B' Sessions**

- B 1 Couples Therapy: Gottman Method
- B 2 Chronic Illness: Navigating the Psychological Effects
- B 3 Positive Behavior Supports (PBS) at Home: A Practical Approach
- B 4 Clinical Supervision Basics for Social Workers and Counselors
- B 5 Ethical Issues for Licensed Professional Counselors
- B 6 Beyond the Therapy: Holistic Practice with Transgender Individuals
- B 7 Ethical Decision Making in End of Life Care
- B 8 How to Limit the Effects of Vicarious Traumatization and Compassion Fatigue
- B 9 The Opioid Epidemic: Best Practice Prescribing and the Chronic Pain Patient
- B10 The Racial Wealth Divide
- B11 Trauma Informed Interventions in Schools: A Three Tiered Approach
- B12 Trauma Treatment: What We Did Then, What is Now
- B13 Mindfulness in 3 Acts: Thinking, Doing and Being

**4:45 - 5:45 PM Social Work in West Virginia Annual Meeting****6:00 - 7:00 PM - Open AA/NA Meeting****Thursday, April 27, 2017****9:00 AM - 12:00 PM: Three-Hour 'C' Sessions**

- C 1 Transforming the Difficult Child with the Nurtured Heart Approach
- C 2 An Activity Tool Box for Compassion Fatigue
- C 3 Navigating Traumatic Brain Injury: A Clinician's Inside Story
- C 4 Couples and Addiction Recovery
- C 5 Racism and Racial Micro-aggressions in Appalachia
- C 6 From Tears to Tiers: Elementary School Social Work
- C 7 Participatory Management
- C 8 Poverty Simulation
- C 9 Intimate Partner Violence and the Military
- C10 Understanding Suicide: Fundamentals of Treatment of the Suicidal Client
- C11 Identifying and Responding to Sexually Exploited Youth
- C12 Ethics and Risk Management in the New Era of Social Work

**1:30 - 2:30 PM: One-Hour 'D' Plenary Sessions**

- D 1 Supporting Low Wage Earners in West Virginia
- D 2 The History of West Virginia: The Road to Statehood
- D 3 Addressing Ethical Dilemmas in Practice
- D 4 The Introverted Helper
- D 5 Social Networking: The Good, the Bad, and the Ugly
- D 6 How to Limit the Effects of Vicarious Traumatization and Compassion Fatigue
- D 7 Collision Course: The Intersection of Trafficking and Health Care

**3:00 - 4:30 PM: One and One-Half Hour 'E' Sessions**

- E 1 Creating Well-being through Strengthening Community
- E 2 CUPID: Straight to the Heart of Policy Practice
- E 3 Building a Grassroots Movement for Kids' Mental Health
- E 4 Complicated Grief: Helping Others Move Forward After Loss
- E 5 Adolescent Substance Abuse: Screening, Brief Intervention, Referral and Tx
- E 6 What's Your Story? Using Narrative Therapy to Transform Lives
- E 7 Learning to Listen: Defusing a Hostile Situation
- E 8 Listening to You is Killing Me Softly
- E 9 Caregiving Defined and Then What?
- E10 2017 Legislative Recap
- E11 Planning for Your Retirement and for Those Dear to You
- E12 The Light Project: It's Not Just about the Syringes
- E13 Understanding Social Security Work Incentives
- E14 History of Addiction, Recovery and Drug Laws
- E15 Grandparents Raising Grandchildren
- E16 Recovery in the VA: Hope, Meaning, Purpose and Peer Support

**5:00 - 7:00 PM - NASWAC Reception (Marriott Hotel)****7:00 PM: Evening Film Festival One and One-Half Hour 'F' Sessions**

- F 1 Music and Memory: Alive Inside
- F 2 The Age of Love
- F 3 Screenagers: Growing Up in the Digital Age
- F 4 Almost Sunrise *Note: Begins at 6:30pm* to allow adequate discussion time

**Friday, April 28, 2017****8:30 - 10:00 AM Poster Presentations**

G-A Poster Presentations: Integrated Mental/Behavioral Health Training Program

**9:00 - 10:00 AM: One-Hour 'G' Plenary Sessions**

- G 1 Awards Ceremony: 2017 Social Worker of the Year and Other Awards
- G 2 Social Determinants of Health Inequalities in West Virginia
- G 3 Impact of the State Budget on Social and Health Programs
- G 4 Black Appalachians: Identity, Locations and Barriers
- G 5 Caught in the Middle: Child Abuse and Domestic Violence
- G 6 Sex, Money and Gangs: An Evolution of Exploitation
- G 7 Ethical Dilemmas Involving Colleagues

**10:30 AM- 12:00 PM: One & One-half Hour 'H' Plenary Sessions**

- H 1 Effects of PTSD with Family Members of Veterans
- H 2 I'll Get to That Tomorrow: The Plague of Procrastination
- H 3 What Will Replace the Affordable Care Act?
- H 4 Practical Tips for a Brain Healthy Lifestyle
- H 5 Appalachian Microaggressions: Perspectives of Community College Students
- H 6 Navigating the Maze of Advance Care Planning
- H 7 Other People's Kids: Raising Teenagers in Residential Care
- H 8 Pregnancy & Opioid Use Disorders: Medication-Assisted Treatment
- H 9 Homelessness: How Student Needs Assessments Support Practice
- H10 Performance Feedback: Let's Get Better!
- H11 Integrating Prevention Content into Clinical Social Work Practice Courses
- H12 Senior Issues in WV: Age-friendly Communities, Affordable Housing...
- H13 One Moment at a Time: Changing the Stories We Tell Ourselves

**1:15 - 2:45 PM: One and One-Half Hour 'J' Sessions**

- J 1 American Indian Families in West Virginia
- J 2 Sexuality after Sixty
- J 3 Self-Help Recovery: How AA/NA Meetings Operate
- J 4 Everything You Wanted to Know about Expressive Writing
- J 5 Authority Rape
- J 6 Lou Gehrig's Disease: Resources for Those with ALS in WV
- J 7 Working with Children of Military Families
- J 8 Our Appalachian Journey: Stories, Music and Reflections
- J 9 Successful Supervision Starts NOW!

**3:00 - 4:00 PM: One-Hour 'K' Closing Plenary Sessions**

- K 1 NARCAN Training to Save Lives from Opiate Overdose
- K 2 Mental Health in Primary Health Care: The Ethics of Integrated Care
- K 3 Medicaid: What's the Latest?
- K 4 Updates from the West Virginia Board of Social Work.
- K 5 Our Appalachian Journey: Stories, Music and Reflections
- K 6 Save the Children: Support in Crisis for Recovery
- K 7 Oral Health in the Golden Years: Dentures, Decay and Chronic Disease
- K 8 A New Social Change Opportunity: Community Health Workers
- K 9 The 2017 Our Children Our Future Legislative Platform: How Did We Do?




**4:00 PM: Conference Closes - See you next year!***Join us for the*

**2018 Spring Continuing Education Conference  
for Social Workers  
May 2, 3 & 4, 2018  
Charleston (WV) Civic Center!**



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