



3-Hour Presentation Participant Notes Packet

Presented by:

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Introduction to the Nurtured Heart Approach® -

Intensity Is Not the Enemy

Building Inner Wealth™ / Portfolio Development

The 3 Stands™ of NHA (an introduction)

Absolutely No! ** Absolutely Yes! ** Absolutely Clear!

Toys-R-Us

Stand 1: Absolutely NO! I refuse to energize negative behavior. Rather than react with elevated energy, attention, and relationship to disruptions and outbursts that distract children from their greatness, I will strive to neutralize negative behavior through immediate, concrete, and uncharged responses consistent with the harmonious environment I am creating.

Video Game Theory

No Blame

Stand 2: Absolutely YES! I will relentlessly energize the positive. As much as possible, I will work immediately to identify, describe, and express appreciation for steps, large and small, a child takes in manifesting his or her positive choices and intrinsic greatness. I will actively initiate opportunities for children to be successful.

It's All About Intention

Baby Steps

Toll Taker Story

Making Miracles Out of Molecules

NHA Recognitions

Energizing Success Technique #1: Active Recognition

Energizing Success Technique #2: Experiential Recognition

Energizing Success Technique #3: Proactive Recognitions

Energizing Success Technique #4: Creative Recognition

Build the Foundation First

Stand 3: Absolutely CLEAR! I will maintain total clarity about rules that demonstrate fair and consistent boundaries.

I will consistently enforce rules and provide immediate consequences through resetting each time a rule is broken. I will recognize the child in the moment they have reset and create that next moment as an opportunity for success.

Setting Limits with Clarity

Why Traditional Time-Outs Fail

Basketball Game Analogy

Warnings

Nurtured Heart Approach® Time Out: “Resets”

Transformation: The 3 Stands™ of NHA Working Together

ADDITIONAL NOTES: